



POSTCARE FOR JUVEDERM/ RESTYLATE/ RADIESSE/ BELOTERO

Medications to avoid for 1week following procedure: **Ibuprofen, Aspirin, Excedrin, Aleve, Coumadin, Plavix.**

Apply ice for 15 minutes every 1-2 hours for the first 24hrs following the injection

Please avoid exposure to excessive sun, UV lamps, extreme cold/ Heat (until swelling and redness has subsided), strenuous exercise for 24 hours following procedure.

Common injection related reactions could occur and include swelling, pain, itching, bruising and bumpiness.

**If you do develop severe pain and discoloration other than bruising please contact our office (212)729-7546**